



## THE FRIDAY EMAIL

### Friday 18<sup>th</sup> October 2024

#### Friday Thought from Di Kitson:



Dear Friends,

I was looking through the church calendar and realised what a busy time ahead we have in the weeks leading up to Christmas. This coming Sunday, 20<sup>th</sup> October, we are back with our Mustard Seed get together at 4pm.

All Saints Day is celebrated at the morning service on the 3<sup>rd</sup> November, with the All Souls' service taking place at 3pm in the afternoon. We remember our loved ones at the All Souls' service who have gone before us to share in eternal life with our heavenly Father. Everyone is invited at that service to light a candle in memory of a loved one.

On Sunday 10<sup>th</sup> November we have the Civic Service of Remembrance at 3pm with Reverend Alison Jackson presiding.

From our first reading from the prophet Isaiah, where we are introduced to one of the extraordinary prophecies about the suffering servant, which in the light of the Gospels, is seen as so perceptive in grasping the sufferings of God's Saviour, Jesus. I always enjoy reading from the book of Isaiah as it is always so explicit in its reading.

But, as we move on to our Gospel reading from St Mark, we find two of Jesus' disciples looking for greatness. Both are looking to be great in the Kingdom of Heaven, but are unaware of what it really means. Jesus offers them a path to follow, but it is clearly not what the pair had in mind. He calls them together and says; *"Whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be a slave of all. For the Son of Man came not to be served but to serve, and to give his life as a ransom for many"*.

Serving others, Jesus tells us, is the true path to greatness. And as we all know, Jesus gave his own life as a model of becoming great by serving others. The world has always taken a different view on what it is to be great. Jesus came to serve, not to be served, and so he invites us as his followers, to do the same. To serve others. To spend our lives looking for opportunities to give others what Jesus has given to us.

In peace and love,

*Di Kitson*

**Isaiah 53:4-12:**

Surely he has borne our infirmities  
and carried our diseases;  
yet we accounted him stricken,  
struck down by God, and afflicted.  
But he was wounded for our transgressions,  
crushed for our iniquities;  
upon him was the punishment that made us whole,  
and by his bruises we are healed.  
All we like sheep have gone astray;  
we have all turned to our own way,  
and the Lord has laid on him  
the iniquity of us all.

He was oppressed, and he was afflicted,  
yet he did not open his mouth;  
like a lamb that is led to the slaughter,  
and like a sheep that before its shearers is silent,  
so he did not open his mouth.  
By a perversion of justice he was taken away.  
Who could have imagined his future?  
For he was cut off from the land of the living,  
stricken for the transgression of my people.  
They made his grave with the wicked  
and his tomb with the rich,  
although he had done no violence,  
and there was no deceit in his mouth.

Yet it was the will of the Lord to crush him with pain.  
When you make his life an offering for sin,  
he shall see his offspring, and shall prolong his days;  
through him the will of the Lord shall prosper.  
Out of his anguish he shall see light;  
he shall find satisfaction through his knowledge.  
The righteous one, my servant, shall make many righteous,  
and he shall bear their iniquities.  
Therefore I will allot him a portion with the great,  
and he shall divide the spoil with the strong;  
because he poured out himself to death,  
and was numbered with the transgressors;  
yet he bore the sin of many,  
and made intercession for the transgressors.

### **Psalm 91:9-16:**

Because you have made the Lord your refuge,  
the Most High your dwelling-place,  
no evil shall befall you,  
no scourge come near your tent.

For he will command his angels concerning you  
to guard you in all your ways.  
On their hands they will bear you up,  
so that you will not dash your foot against a stone.  
You will tread on the lion and the adder,  
the young lion and the serpent you will trample under foot.

Those who love me, I will deliver;  
I will protect those who know my name.  
When they call to me, I will answer them;  
I will be with them in trouble,  
I will rescue them and honour them.  
With long life I will satisfy them,  
and show them my salvation.

### **Mark 10:35-45:**

James and John, the sons of Zebedee, came forward to him and said to him, 'Teacher, we want you to do for us whatever we ask of you.'  
And he said to them, 'What is it you want me to do for you?'  
And they said to him, 'Grant us to sit, one at your right hand and one at your left, in your glory.' But Jesus said to them, 'You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?'  
They replied, 'We are able.' Then Jesus said to them, 'The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.'  
When the ten heard this, they began to be angry with James and John.  
So Jesus called them and said to them, 'You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many.'

## The collect for this Sunday

Grant, we beseech you, merciful Lord,  
to your faithful people pardon and peace,  
that they may be cleansed from all their sins  
and serve you with a quiet mind;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

Amen



## ❖ **Details of Sunday 9.30am Parish Eucharist which is also live-streamed**

- ❖ President: Revd Tim Weeks
- ❖ Preacher: Revd Tim Weeks
- ❖ Reader: Andrew Passfield
- ❖ Intercessions: Huw Lewis
- ❖ Processional: Lead us, heavenly Father, lead us (Tune: Mannheim)
- ❖ Gradual: All people that on earth do dwell (Tune: Old Hundredth)
- ❖ Offertory: Who would true valour see (Tune: Monk's Gate)
- ❖ Communion: Put thou thy trust in God (Tune: Doncaster)
- ❖ Choir Motet: Lead me, Lord (Music: Samuel Wesley)
- ❖ Recessional: Now than we all our God (Tune: Nun Danket)

## INTERCESSIONS FOR THIS WEEK

### **For the world-wide Church:**

- ❖ Bishop Alan - Bishop of St Albans
- ❖ Bishop Jane - Bishop of Hertford
- ❖ The Venerable Janet Mackenzie - Archdeacon of Hertford
- ❖ The Revd Gaz Tracey - Area Dean
- ❖ Archbishop Justin - Archbishop of Canterbury
- ❖ In the Anglican cycle of prayer for the Anglican Church in Rwanda
- ❖ In the Diocesan cycle of prayer for the people and parish of Stevington, Sharnbrook
- ❖ In our Deanery cycle of prayer for the parish and people of Thorley
- ❖ For those being martyred or persecuted for their Christian faith



(<https://releaseinternational.org/>)

### **For our world:**

- ❖ For the victims of Israel and Gaza during the current Israel-Palestinian conflict.
- ❖ For the people of Ukraine, be they in their homeland or refugees in Europe.

❖ For just and peaceful governance throughout the world, not least in Russia, Ukraine, Israel, Palestine, Sudan, Somalia, China, Haiti, Lebanon, Afghanistan, Nigeria, Yemen, Iran, Pakistan, Myanmar, North Korea, and the DRC.



- ❖ For those suffering from the effects of climate change or natural disaster.
- ❖ For those working to reduce the effects of climate change.
- ❖ For those working to relieve suffering throughout the world.
- ❖ For emergency and keyworkers, scientists and leaders, medical and care workers, and, in this country, particularly for the NHS and social services.
- ❖ For those being unjustly held captive or being persecuted
- ❖ For those who have been abused in body, mind, or spirit.
- ❖ For those who are victims of modern-day slavery and human trafficking.
- ❖ For those who are victims of famine or poverty, praying for the work of the *Shiksha Rath* educational project in New Delhi which we support.
- ❖ For those struggling with addiction.
- ❖ For those who are homeless, and for the work of the *Holy Trinity Night Shelter* in Bishop's Stortford which we support.
- ❖ For those involved in the migrant and refugee situation.
- ❖ For the work of organisations which are working to bring an end to poverty.

#### **For our town:**

- ❖ For the staff and patients of our Central Surgery, the Princess Alexandra, Rivers, and Herts & Essex hospitals, for our care homes, social services, voluntary care sector.
- ❖ For Sawbridgeworth Town Council and for East Herts District Council and our councillors.
- ❖ For local businesses in these uncertain times.
- ❖ For our emergency services.
- ❖ For groups and organisations, including The Hailey Centre and library.
- ❖ For our youth organisations and uniformed brigades.
- ❖ For the pupils, teachers, staff, governors, and parents associated with our local schools, including our church school in Spellbrook, as they prepare for the new school year
- ❖ For those feeling isolated and lonely; particularly those living alone.
- ❖ For those who are concerned about making ends meet, and for organisations such as Harlow Foodbank and the evangelical church's pop-up store seeking to bring aid.

#### **For the people of:**

Sunday:	Atherton End & Stoneleigh
Monday:	Fairway, Linwood & Woodward Gardens
Tuesday:	Springhall Lane, The Limes & Southbrook
Wednesday:	Newton Drive & Lowfield
Thursday:	The Crest, Dale Court & High Tree Close

Friday: Elmwood & Yewlands  
Saturday: Roseacres & Trustwell Crescent

**For the sick, tired, and bereaved, including:**

Sue Adams, Angela Alder, Pam Brown, Jeanette Dedman, Rachael Dineen, Elsa Duce, Jimmy Galvin, John Ireland, Douglas Rose, Jackie White, Mark White.

**For those who have died, including:**

- ❖ Sue Kosin RIP
- ❖ Bryan Corbey RIP

**For our dearly departed ones, remembered at their year's mind:**

- ❖ Ron Pavely RIP (20<sup>th</sup> Oct)
- ❖ John Turner RIP (22<sup>nd</sup> Oct)
- ❖ Marjorie Stone RIP (26<sup>th</sup> Oct)
- ❖ Jeff Satterley RIP (26<sup>th</sup> Oct)

*God of mission,  
who alone brings growth to your Church,  
send your Holy Spirit  
to give vision to our planning,  
wisdom to our actions,  
joy to our worship, and power to our witness.  
Help our church to grow in numbers,  
in spiritual commitment to you,  
and in service to our local community,  
through Jesus Christ our Lord.  
Amen.*





➤ **DEC Appeal**



**DISASTERS  
EMERGENCY  
COMMITTEE**

Over the past year, conflict in the Middle East is devastating lives. Millions of people across Gaza, Lebanon and the wider region urgently need shelter, food and basic supplies.

Save lives. Donate now.

[Please give: Middle East Humanitarian Appeal \(dec-emergency.org.uk\)](https://dec-emergency.org.uk)

➤ **Churchyard Working Party – Saturday 26th at 9.30am**

If you are able to join Chris next Saturday, he would be most appreciative of your support. All welcome from 9.30am, with thanks in advance.



➤ **Clocks go back – Sunday 27<sup>th</sup> October**



A reminder that daylight saving ends at 2am next Sunday, don't forget to move your clocks back one hour.

➤ **Lifeline Romania and Chesterfords Aid**

Can you help? There is a lorry planned to take goods to Romania in November 2024. Suggested donations of: shopping bags, rucksacks, holdalls, beddings (single & double sets), boots/shoes, clothes for adults and children (all sizes). A full comprehensive list can be found on the church noticeboard in the porch.



If you need further information, please contact:

Roger & Marvyn Amos

Tel: 01279 723934

Email: rogerandmarvyn@gmail.com

➤ **Help Wanted!**

***Festival of Light***



*Friday 29<sup>th</sup> November*

Help required from 6.45pm-7.45pm to move furniture from the Church into storage (and back again after event.)

*Saturday 30<sup>th</sup> November*

Help required to set up the church with the candles and lanterns from 10.30am onwards. Help also required at the event to

welcome people to the church and help sell refreshments outside.



## **Christmas Tree Festival**

Thursday 5<sup>th</sup> December 9am-6pm & Friday 6<sup>th</sup> December 9am - 8pm

Help needed to welcome participants and their trees to the church.

Saturday 7<sup>th</sup> & Sunday 8<sup>th</sup> December

Help in the church for welcoming and watching and also in Church House (refreshments /tombolas/Father Christmas).

Donations of Cake will also be welcomed!



### **Gazebo**

Does anyone have a 2m x 2m Gazebo (including roof) that we could use to accommodate Father Christmas over the weekend? (Would be needed on Friday to prepare his grotto).

### ➤ **News from our associated CoE School in Spellbrook**

*Mr Fisher – our Headteacher – writes:*

On Monday, Ruby Class (Nursery and Reception), went on a Teddy Bear's Adventure in the woods. They started the day by showing their teddies and other cuddly friends around Ruby Class, introducing them to their class mates and showing them their favourite activities.



They set off towards our woods, and on the way told the tale, "We're going on a Bear Hunt". Everyone joined in beautifully and they were not scared. They even found the bear named Mrs Hasty in a cave.



Inspired by the story of the 'Three Little Pigs', they made dens for their teddies. The children looked at ways they could work together, join sticks and balance sticks. They weren't quite wolf proof but the teddies had fun in them!



The children also explored the different prints they could make in the woods by rubbing crayons on tree barks and different surfaces.

Their adventure ended with tasty hot chocolate and marshmallows. What a beautiful day!



Wishing you all a lovely weekend,  
*Mr Fisher*

*Thank you for your ongoing support of Great St Mary's*

## Content for the Newsletter

If you have a notice for the Friday Email, please contact Angela Kenny in the Parish Office by Wednesday lunchtime.

### ➤ Contact us

Anthony Heard (Churchwarden)

[anthony@sawbridgeworthchurch.org.uk](mailto:anthony@sawbridgeworthchurch.org.uk)

Gilly Squire (Churchwarden)

[gilly@sawbridgeworthchurch.org.uk](mailto:gilly@sawbridgeworthchurch.org.uk)

Di Kitson (Lay Minister)

[diana.kitson@icloud.com](mailto:diana.kitson@icloud.com)

01279 723212

Angela Kenny (Parish Administrator)

[office@sawbridgeworthchurch.org.uk](mailto:office@sawbridgeworthchurch.org.uk)

*Office hours: Tues to Friday 9am-1pm*

01279 726629

Jane Johnson (Parish Safeguarding Officer)

[safeguarding@sawbridgeworthchurch.org.uk](mailto:safeguarding@sawbridgeworthchurch.org.uk)

07808 684357

Website:

[www.sawbridgeworthchurch.org.uk](http://www.sawbridgeworthchurch.org.uk)

Facebook:

[www.facebook.com](http://www.facebook.com) and search for 'Great St Mary's, Sawbridgeworth'

YouTube:

[www.youtube.com](http://www.youtube.com) and search for 'Great St Mary's, Sawbridgeworth'



Great St Mary's  
Sawbridgeworth

*Passion for Christ - Compassion for all*

# ALL SOULS' MEMORIAL SERVICE

*Remembering our loved ones  
with gratitude*

*Our annual opportunity to gather  
and remember those who have died,  
and to light a candle in their memory*

**Sunday 3<sup>rd</sup> November**  
**3pm**

**Followed by light refreshments  
in Church House**

